

The UFO Club of young Bulgarian researchers in neurosciences which unites associated members of the ECNP was co-organiser of the 12th Conference of College Private Psychiatry which was held in Sofia on March 22 – 23. The main topic of this year's conference was impulsivity in its diverse neurobiological, psychological, clinical, forensic and healthcare aspects.

The conference started with an ECNP Mini-Symposium, at which the main talks were given by the President, Prof. Joseph Zohar ("Impulsive and compulsive features in OCD and addiction") and by Prof. Naomi Fineberg from the UK ("Obsessive-compulsive spectrum disorders and impulse control: a trans-diagnostic perspective"). The audience comprised 97 Bulgarian psychiatrists and psychologists who engaged the experts in a vivid discussion. After the symposium both ECNP experts had a meeting with the members of the UFO Club and elaborated at length on impulsivity, compulsivity, OCD spectrum and other topics of interest for the young investigators. It was a warm, open and honest exchange of opinion and first-hand learning from the vast experience of professors Zohar and Fineberg.

On the next day the UFO Club held their own symposium, which comprised talks on OCD, on hyperthymic temperament, and on attention deficit in BAD. It was a well-structured event throwing light on a number of recent developments in the field and was met with interest and appreciation by the attendees.

The ECNP Mini-Symposium turned out to really be the highlight of the conference. It led to a prolonged discussion among the participants in the event and also received extensive media coverage.

This educational and scientific activity was the most recently added link in the long chain of events giving proof of the very fruitful long-standing contacts between the ECNP and Bulgarian psychiatric community.

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